

Table 1*Characteristics of the Focus Groups*

| Group | Site | Number of participants | Gender | Mean age (in years) | Ethnicity |
|-------|---------------|------------------------|------------------|---------------------|-------------------------------------------|
| 1 | Peña Herrera | 5 | 6 women | 42.4 | Mestizo |
| 2 | Ambuquí | 10 | 2 women 8 men | 36.4 | Mestizo/indigenous/ of African descent |
| 3 | Peña Herrera | 6 | 6 men | 43.1 | Mestizo |
| 4 | García Moreno | 10 | 6 women 4 men | 36.7 | Mestizo |