

Table 2*Phase 1 and 2 of exclusion*

Phase 1	
<i>Characteristics of the sample</i>	<i>Examples</i>
Exceeding the established age range	Participants were in different developmental periods or the average age of the sample was not between 14-21 years.
Clinical peculiarities	Attention deficit hyperactivity disorder (ADHD), risk for bipolar disorder, risk for obesity, pregnancy, diabetes, etc.
Phase 2	
<i>Investigation characteristics</i>	<i>Examples</i>
Emphasizing variables other than the risky consequences of a low level of self-control	Adherence to cultural values, the relationship between parental styles and self-control, etc.
Self-control as a dependent variable	The low level of self-control was representing a consequence of the action of other variables on participants.
Topics of articles different from those followed	Mass vaccination campaign, self-control training to treat obesity, effects of exposure to antibiotics, quality of life after surgery, etc.