

**Table 2***Responses to the workplaces stress scale (No 182)*

Stress item	Mean	SD
1. I have not adequate control or input over my work duties	1.80	0.68
2. I am not able to utilize my skills and talents to the fullest extent at work	1.89	0.74
3. I feel that my job is negatively affecting my physical or emotional well being	2.21	0.97
4. I find it difficult to express my opinions or feelings about my job conditions to my superiors	2.29	1.07
5. Conditions at work are unpleasant or sometimes even unsafe	2.51	1.09
6. I feel that job pressures interfere with my family or personal life	2.58	1.01
7. I do not receive appropriate recognition or rewards for good performance	2.82	0.97
8. I have too much work to do and/or too many unreasonable deadlines.	2.92	0.87
<b>All items</b>	2.38	0.57