

**Table 3***Mean scores on coping mechanisms by age*

	Descriptive CERQ					95% Average confidence interval			
	Age	N	Mean	Std. Dev	Std. Err.	Low Bound	Upper Bound	Min	Max
Self-blame	19-21	146	11.16	3.175	,263	10.64	11.68	4	20
	22-25	64	10,92	3.238	,405	10.11	11.73	5	18
Acceptance	19-21	146	13.77	3.229	,267	13.25	14.30	7	20
	22-25	64	13,34	3.414	,427	12.49	14.20	6	20
Rumination	19-21	146	13,99	3.834	,317	13.37	14.62	5	20
	22-25	64	13,20	4.339	,542	12.12	14.29	6	20
Pozitive refocus	19-21	146	11,60	3.830	,317	10.97	12.22	4	20
	22-25	64	11,73	3.776	,472	10.79	12.68	4	20
Refocus on planning	19-21	146	14,76	3.314	,274	14.22	15.30	6	20
	22-25	64	14,67	3.682	,460	13.75	15.59	6	20
Pozitive reevaluation	19-21	146	14,72	3.612	,299	14.13	15.31	6	20
	22-25	64	14,88	3.566	,446	13.98	15.77	6	20
Putting into perspective	19-21	146	13,01	3.666	,303	12.41	13.61	4	20
	22-25	64	13,41	3.702	,463	12.48	14.33	6	20
Catastrophizing	19-21	146	8,79	3.274	,271	8.25	9.32	4	19
	22-25	64	8,31	2.624	,328	7.66	8.97	4	15
Blaming others	19-21	146	8,23	2.811	,233	7.77	8.69	4	19
	22-25	64	7,95	3.278	,410	7.13	8.77	4	20
Assertive action	19-21	146	29.79	4.279	.354	29.09	30.49	20	41

	Descriptive CERQ				95% Average confidence interval				
	22-25	64	29.72	4.829	.604	28.51	30.92	19	41
Social networking	19-21	146	16.36	3.776	.313	15.75	16.98	6	25
	22-25	64	16.05	3.596	.450	15.15	16.95	9	25
Seeking social support	19-21	146	22.83	5.756	.476	21.89	23.77	7	35
	22-25	64	22.80	5.381	.673	21.45	24.14	13	35
Cautious action	19-21	146	17.02	3.765	.312	16.40	17.64	7	25
	22-25	64	16.56	3.518	.440	15.68	17.44	9	25
Instinctive action	19-21	146	18.79	4.165	.344	18.11	19.47	8	30
	22-25	64	19.75	4.371	.546	18.65	20.84	8	28
Avoidance	19-21	146	14.39	4.291	.355	13.69	15.09	6	26
	22-25	64	14.54	4.305	.538	13.47	15.62	6	27
Indirect action	19-21	146	10.31	3.785	.313	9.69	10.93	4	20
	22-25	64	9.67	3.386	.423	8.83	10.52	4	20
Antisocial action	19-21	146	11.30	4.050	.335	10.63	11.96	5	23
	22-25	64	11.07	4.284	.535	10.00	12.14	5	25
Aggressive action	19-21	146	11.66	3.223	.267	11.14	12.19	5	22
	22-25	64	12.14	3.290	.411	11.32	12.96	6	19