

**Table 5**

*Bivariate Correlations of Depression, Anxiety, and Stress with Preferred Ways of Emotional Coping (CERQ)*

		DASS Depression	DASS Stress	DASS Anxiety
Self-blame	Pearson Correlation	,25**	,26**	,28**
	Sig. (2-tailed)	,000	,000	,000
Acceptance	Pearson Correlation	,07	-,00	,06
	Sig. (2-tailed)	,296	,943	,377
Rumination	Pearson Correlation	,23**	,19**	,24**
	Sig. (2-tailed)	,001	,005	,000
Positive refocus	Pearson Correlation	-,16*	-,19**	-,18**
	Sig. (2-tailed)	,020	,004	,009
Refocus on planning	Pearson Correlation	-,04	-,07	,00
	Sig. (2-tailed)	,516	,287	,974
Positive reevaluation	Pearson Correlation	-,07	-,11	-,08
	Sig. (2-tailed)	,280	,107	,238
Putting into perspective	Pearson Correlation	-,03	-,07	-,03
	Sig. (2-tailed)	,638	,257	,633
Catastrophizing	Pearson Correlation	,28**	,26**	,27**
	Sig. (2-tailed)	,000	,000	,000
Blaming others	Pearson Correlation	,14*	,14*	,14*
	Sig. (2-tailed)	,033	,032	,040

\*\*. Correlation is significant at the 0.01 level (2-tailed).

\*. Correlation is significant at the 0.05 level (2-tailed).