

CURRICULUM VITAE

Name, surname: Georgeta PĂNIȘOARĂ

Date and birth place: June, 3rd, 1974

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Professional activity, workplace:

Prof. Ph D. Habil. Department of Applied Psychology and Psychotherapy, Faculty of Psychology and Educational Sciences, University of Bucharest

Google Hirsh Index: 20

Education and training

2017-present Habilitation in Educational Sciences, University of Bucharest

2000-2006 Ph D in Psychology, University of Bucharest, Faculty of Psychology

1998-1999 Master Degree in Organizational Psychology, Faculty of Sociology, Psychology, Pedagogy, Bucharest University

1994-1998 Licence in Psychology (MD), Psychology, Faculty of Sociology, Psychology, Pedagogy, Bucharest University

Work experience

- Teaching activity – Professor Ph D., Faculty of Psychology and Educational Sciences, University of Bucharest, (previous positions – assistant, lecturer). Courses and seminars in Parenting, Psychology of Learning, The development of Managerial Abilities, Organizational Psychology, Training, Managerial Psychology, Applied organizational Psychology, Motivation, Development Psychology, Educational Psychology (since 2001).
- Training for children (teaching courses/ Emotional intelligence, Leadership for children, Public Speaking for children, Decision making etc)
- Training for adults (Parenting, Creativity etc.) (since 2012)
- Human Resources Manager and Consultant in companies with 200 -2100 employees (temporary projects). Activities: organizational diagnosis, recruitment, projects of evaluation and motivation, training (since 1998)

International Projects

- Editor, Special Issue, Frontiers in Psychology, Innovation in Developmental Psychology, Education, Sports, and Arts: Advances in Research on Individuals and Groups [ID: 48365], 2022-2023.
- Director de proiect – Consent through serious gaming e- CONSENT, finanțat de The Government of the United Kingdom of Great Britain and Northern Ireland acting through the Foreign, Commonwealth & Development Office ('FCDO'), contract nr. 37535 FCDO, 2022 (noiembrie)-2023
- Collaborator – Colour Experience, University of Lausanne, Institute of Psychology, Switzerland, 2022-2023.
- Member – Comenius 2.1 Project. Competences of Professional Educators, Project Number: 141800-2008-LLP-ES-COMENIUS-CMP, 2008-2011.

National projects obtained in competition

- Coordinator/ responsible Partner University of Bucharest (UB) – Innovative system for the management and analysis of large-scale data used to manage the guarantee of products or services / Priority Axis 1: Research, technological development and innovation (CDI) Operational Program Competitiveness 2014-2020, project code: 123011, Financing contract: 379/390055/01.10.2021. (2021-2023)
- Member/researcher in psychology – „Innovative app for Mental health and Emotional wellbeing” ID: Cod My SMIS: 156480, contract nr.:14/1.2.1. Cap. 2/17.02.2023. (2023)
- Education expert – Inclusive and quality early education ETHICS University of Arad, education expert, ID POCU 446/6/22 (2022)
- Coordinator – E-parenting, Present challenges. E-parenting (coordinator), UniBuc Project (2019)
- Partner Director –Multiplatform IT technologies with interactive applications in Romanian for speech therapy (TIMLOGORO) PN III- CERC-CO-PTE 2016-0068 (2016-2018)
- Member – Competences of Professional Educators, Comenius Project (international), Project Number: 141800-2008-LLP-ES-COMENIUS-CMP2019 (2008-2011)
- Member – Motivation for didactical career, CNCSIS (2008-2010)
- Member – Grant CEEEX. 100 years of psychology in Bucharest University (2006-2007)
- Member – Grant CNCSIS. Study on impact of university training over market of labour. University Centre for reserching balance between University degree and professional integration (2006).
- Member – Grant CNCSIS. Professional development of teachers using new technologies (2003-2004)

Publications

Books/ selective. *Publications: 16 books (of which 7 (co-)coordinated books), 20 chapters written in coordinated books or coordinated by other authors, 117 articles*

1. Pânișoară, G. (Coord.). (2024). *Reziliență. Calea spre succes și echilibru pentru copii și părinții lor [Resilience. The way to success and balance for children and their parents]*. Iași: Polirom (Jan/ underprint).
2. Pânișoară, G. (Coord.). (2022). *Parenting de la A la Z. 83 de teme provocatoare pentru părinții de azi [Parenting from A to Z. 83 challenging topics for today's parents]*. Iași: Polirom, 632 pagini. ISBN 978-973-46-8782-4. Accesat la: <https://polirom.ro/psihologia-copilului-parenting/7709-parenting-de-la-a-la-z-.html>
3. Pânișoară, G. (Coord.). (2019). *Psihologia învățării. Cum învață copiii și adulții [The psychology of learning. How children and adults learn]*. Iași: Polirom, 296 pagini. ISBN 978-973-46-7725-2. Accesat la: <https://polirom.ro/psihologia-copilului-parenting/6891-psihologia-%C3%AEnv%C4%83%C5%A3%C4%83rii.html>
4. Pânișoară, G. (Coord.). (2019). *E-parenting. Provocări actuale [E-parenting. Current challenges]*. București: Editura Universitară, 128 pagini, ISBN 978-606-16-1138-6. Accesat la: <https://editura-unibuc.ro/e-parenting-provocari-actuale/>
5. Pânișoară, G. (Co-Coord.). (2016). *Copilărie și adolescență. Provocări actuale în psihologia dezvoltării și educației [Childhood and adolescence. Current challenges in developmental and educational psychology]*. Iași: Polirom, 312 pagini. ISBN 978-973-46-6016-2. Accesat la: <https://polirom.ro/psihologie/6042-copil%C4%83ria-%C5%9Fi-adolescen%C5%A3a.html>
6. Pânișoară, G. (Co-Author). (2016). *Managementul resurselor umane [Human resource management]* ed. III, Iași: Polirom, 312 pagini. ISBN 978-973-46-5821-3. Accesat la: <https://polirom.ro/psihologie/6023-managementul-resurselor-umane-.html>
7. Pânișoară, G. (Co-Author). (2014). *Medaliile succesului 3. Marele muzeu al cărții [Medals of success 3. The great museum of the book]*. Iași: Polirom, 96 pagini. ISBN 978-973-46-4805-

4. Accesat la: <https://polirom.ro/psihologia-copilului-parenting/5544-medaliile-succesului-3-marele-muzeu-al-cartii.html>
8. Pânișoară, G. (Co-Author.). (2014). The seven medals of success. Iași: Polirom, 88 pagini. ISBN 978-973-46-4817-7. Accesat la: <https://polirom.ro/psihologia-copilului-parenting/5490-the-seven-medals-of-success.html>
9. Pânișoară, G. (Co-Author.). (2013). Medaliile succesului 2. Școala de vis [Medals of Success 2. Dream School]. Iași: Polirom, 96 pagini. ISBN 978-973-46-4033-1 . Accesat la: <https://polirom.ro/psihologia-copilului-parenting/5141-medaliile-succesului-2-scoala-de-vis.html>
10. Pânișoară, G. (Co-Author.). (2012). Cele 7 medalii ale succesului. Povestiri pentru părinți și copii [The 7 medals of success. Stories for parents and children]. Iași: Polirom, 88 pagini. ISBN 978-973-46-3233-6. Accesat la: <https://polirom.ro/psihologia-copilului-parenting/4797-cele-7-medalii-ale-succesului-povestiri-pentru-parinti-si-copii.html>
11. Pânișoară, G. (Coord.). (2011). Psihologia copilului modern [Psychology of modern child]. Iași: Polirom, 224 pagini, ISBN 978-973-46-2126-2. Accesat la: <https://polirom.ro/psihologia-copilului-parenting/4204-psihologia-copilului-modern.html>
12. Pânișoară, G. (Author). (2009). Comportament organizațional aplicat [Applied Organizational Behaviour]. București: Editura Universitară, 122 pagini, ISBN 978-973-737-737-1. Accesat la: <https://editura-unibuc.ro/comportament-organizational-aplicat-aspecte-de-psihologie-manageriala/>
13. Pânișoară, G. (Author). (2008). Managerial Psychology, București: Credis
14. Pânișoară, G. (Author). (2006). Integrarea în organizații. Pași spre un management de succes [Integration in organizations. Steps to a successful management]. Iași: Polirom, 232 pagini, ISBN 973-46-0553-4. Accesat la: <https://polirom.ro/cariera-succes-performante/2448-integrarea-in-organizatii-pasi-spre-un-management-de-succes.html>
15. Pânișoară, G. (Co-Author). (2005). Motivarea eficientă. Ghid practic [Efficient Motivation]. Iași: Polirom, 296 pagini, ISBN 973-681-969-8. Accesat la: <https://polirom.ro/cariera-succes-performante/1970-motivarea-eficienta-ghid-practic.html>
16. Pânișoară, G. (Co-Author). (2005). Managementul resurselor umane. Ghid practic [Human Resources Management], ed. I. Iași: Polirom, 360 pagini, ISBN 973-46-0070-2. Accesat la: <https://polirom.ro/cariera-succes-performante/1981-managementul-resurselor-umane-ghid-practic-.html>
17. Pânișoară, G. (Co-Author). (2004). Managementul resurselor umane. Ghid practic [Human Resources Management], ed. II. Iași: Polirom, 328 pagini, ISBN 973-681-779-2. Accesat la: <https://polirom.ro/practic/1709-managementul-resurselor-umane-ghid-practic.html>

Chapters in books

- Pânișoară, G., Șițoiu, A. (2023). Well-being and happiness of children, adolescents, and young people in post-pandemic period. In Balaș E., Roman A. F., Rad D. Students well being and teacher-learning efficiency during and post-pandemic period. Lausanne: Peter Lang, Criterium A1
- Bonchiș, E. (coord.) (2022). Boredom in adolescents and children. Iași: Polirom (1 chapter/ co-author)
- Pânișoară, G. (coord.) (2022). Parenting de la A la Z. 83 de teme provocatoare pentru părinții de azi [Parenting from A to Z. 83 challenging topics for today's parents]. Iași: Polirom 7 chapters/ 2 sole author, 5 chapters co-author)
- Enea, V. (coord.) (2021). The psychological approach to adoption and foster care. Iași: Polirom (1 chapter/ co-author)
- Enea, V. (coord.) (2020). The psychological approach to adoption. Iași: Polirom (1 chapter/ co-author)
- Cucuș C., Ceobanu C., Pânișoară O. (coord.) (2020). Digital education. Iași: Polirom (1 chapter/ co-author)

- Pânișoară, G. (coord.) (2022). (2019). E-parenting. Current challenges. București: Editura Universitară (2 chapters, 1 author, 1 co-author/coord.)
- Neacșu, I. (coord.) (2018). Parenting-psychoeducational complementarities. Iași: Polirom (1 chapter)
- Măța, L., Pânișoară, G., Făt, S., Panisoara, I.-O., & Lazăr, I. (2018). Exploring the Adoptions by Students of Web 2.0 Tools for E-Learning in Higher Education: Web 2.0 Tools for E-Learning in Higher Education (pag 128-149) in Pelet, Jean-Éric (Ed.), Advanced Web Applications and Progressing E-Learning 2.0 Technologies in Higher Education. Hershey, PA, USA: Blue Herons/ IGI Global <https://doi.org/10.4018/978-1-5225-7435-4.ch007>

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<https://drive.google.com/file/d/1GrDuqRvGd0oNnyVw8zNPi5eF0pwkHPpz/view?usp=sharing>;

The analyzed publication is available in 31 libraries indexed in Karlsruhe Virtual Catalog KVK:https://www.worldcat.org/title/advanced-web-applications-and-progressing-e-learning-20-technologies-in-higher-education/oclc/1085322178&referer=brief_results

* Book chapters as author in complementary indexed publishing house classified A1.

Lazăr I, Pânișoară G., Malureanu A., Sandu C., Lazar G. (2017). Ethics and Aesthetic Quality thought eLearning Platforms: A Case Study Research in Speech Therapy. In Ficcaro, F. (eds) Cyber Destructors of the Sciences: Studies in Education, Culture, Employment and New Technologies. Italy: Blue Heron. ISBN: 978-88-96471-63-0 :: DOI: 10.978.8896471/630 (2017). Accessed at: <http://www.blueherons.net/Cyber%20Destructors%20of%20the%20Sciences%20Studies%20in%20Education.%20Culture.%20Employment%20and%20New%20Technologies.html>

Foreword to the book The job interview - how to answer any question intelligently, in Susan Hodgson (2016). Polirom

Education sciences – Encyclopedic dictionary (vol I-II) (2008). (eds. Dan Potolea, Eugen Noveanu) Sigma Publishing House

Conferences

- Pânișoară, G, Ghiță, C., Mălureanu, A., Lazăr, G. (2023). Differences regarding work life balance and conscientiousness according to gender in the Romanian consumer - Proceedings of the 19th International Scientific Conference "eLearning and Software for Education" Bucharest.
- Șițoiu A., Pânișoară G. (2021). The Relationship Between the Emotional Intelligence of a 21st Century Adult and His or Her Parental Competence, Educația 21 Journal, Educatia 21 Journal, (20), 25-31. doi: 10.24193/ed21.2021.20.03
- Șițoiu, A., Pânișoară, G. (2021). Conditional parenting and its influence on the child's school activity. ATEE 2020 Teacher Education for Promoting Well-Being in School. Suceava. LUMEN Proceedings, 16, 472-489. <https://doi.org/10.18662/lumproc/atee2020/33>
- Pânișoară, G., Sandu, C., Chirca, R., & Ovidiu Pânișoară, I. (2019). Study on the Relationship Between Mindfulness and Work-Life Balance Levels. European Proceedings of Social and Behavioural Sciences, 55. <https://doi.org/10.26755/RevPed/2019.1/7>
- Pânișoară, G., Sandu, C., Chirca, R., & Pânișoară, I. O. (2019). The Relationship Between The Levels Of Empathy, Self-Confidence And Anxiety. European Proceedings of Social and Behavioural Sciences, 55. <https://dx.doi.org/10.15405/epsbs.2019.02.11>

- Pânișoară, G., Sandu, C., Chirca, R., & Ovidiu Pânișoară, I. (2019). Study on the Relationship Between Mindfulness and Work-Life Balance Levels. *European Proceedings of Social and Behavioural Sciences*, 55. <https://doi.org/10.26755/RevPed/2019.1/7>
- Pânișoară, G., Sandu, C., Chirca, R., & Ovidiu Pânișoară, I. The Relationship Between The Levels Of Empathy, Self-Confidence And Anxiety. *European Proceedings of Social and Behavioural Sciences*, 55. <https://dx.doi.org/10.15405/epsbs.2019.02.11>
- Chirca, R., Pânișoară, G. & Ghiță, C. (2019). The use of digital resources in modern parenting. *Virtual Learning – Virtual Reality. Proceedings of the 14th International Conference of Virtual Learning (ICVL). IT&C – Horizon & Digital Europe, 2020*, pp. 384-388, ISSN: 1844-8933, ISI Proceedings (Conferință/ Articol)
- Pânișoară, G. Făt, S., Sandu, C., Popovici D. (2018). Parents 'opinion on the use of digital platform in language therapy, eLse Conferince, *Proceedings of the 14th International Conference eLearning and Software for Education. Bucharest: ISSN: 2066 - 026X print; 2066 - 8821 online (Conferință/ Articol Proceedings)*
- Sandu, C., Panisoara, G., Lazar, I., & Fat, S. (2018). A tool for specialists to explore the quality of it assistance in speech therapy. In *ICERI2018 Proceedings* (pp. 5167-5172). IATED. <https://doi.org/10.21125/iceri.2018.2184>
- Făt, S., Pânișoară, G., Sandu, C. (2017). Resurse digitale inovative în terapia logopedică, *Conferința Națională de Învățământ Virtual, Sibiu (Articol Proceedings sau BDI)*
- Pânișoară, G., Sandu, C., Făt, S. (2017). Computer use in speech pathology practice. Synthesis Report of TIMLOGORO project. *Proceedings of the 10th International Conference on Virtual Learning ICVL, Bucharest: ISSN 1844 – 8933 (Articol Proceedings BDI)*
- Pânișoară G., Făt S. (2017). Caracteristici psihopedagogice ale invatarii in era digitala. Exemple de utilizare a calculatorului in diferite aplicatii educationale; *First International Conference on Innovation in Psychology, Education and Didactics, Bacău, (Conferință/ Articol)*
- Pânișoară G., Ghiță C. (2017). Study on the influence of technology in the comunicaton style to specialists in speech therapy, *International Multidisciplinary Scientific Conference Social Sciences & Arts SGEM, Proceedings Volume IV*, pag. 671-680
- Sandu, M. C., Chirca, R., & Pânișoară, G. (2017). Identifying Life Satisfaction Among The Students From The University Of Bucharest. *European Proceedings of Social and Behavioural Sciences*.
- Sandu, M. C., Chirca, R., & Pânișoară, G. (2016). Identifying Life Satisfaction Among The Students From The University Of Bucharest. *European Proceedings of Social and Behavioural Sciences*. <http://dx.doi.org/10.15405/epsbs.2017.05.02.152>
- Panisoara, G., Duta, N., & Panisoara, I. O. (2015). The influence of reasons approving on student motivation for learning. *Procedia-Social and Behavioral Sciences*, 197, 1215-1222.
- Duta, N., Tomoaica, E., & Panisoara, G. (2015). Desirable characteristics defining to describe an effective teacher. *Procedia-Social and Behavioral Sciences*, 197, 1223-1229.
- Pânișoară, G., Sandu, C., & Duță, N. (2015). Differences regarding self-esteem and the communication style depending on the level of education. *Cross-Cultural Management Journal*, 17(2).

- Giurgiulescu, M., Pânișoară, G., Pânișoară, I. O., & Sandu, C. M. (2015). Ways to develop a positive attitude of students–digital natives–to reduce disaster risks. *Advances in Environmental Sciences*, 7(2), 230-239.
- Pânișoară, G. (2011). Teachers Intercultural Development for Global Europe. *Educatia* 21, (9), 1-7.
- Sandu, C., Pânișoară, G., & Lazăr I. (2018). Study on the use of technology in language development by teachers, 11th annual International Conference of Education, Research and Innovation Seville
- Pânișoară, G., SANDU, C., FĂȚ, S., & LAZAR, I. (2017). Study on the relationship between emotional intelligence and satisfaction in using technology in speech therapy. In 4th International Multidisciplinary Scientific Conference On Social Sciences And Arts Sgem2017 (pp. 575-580). <https://doi.org/10.5593/sgemsocial2017/34/S13.074>
- Sandu, C. M., Pânișoară, G., & Pânișoară, I. O. (2015). Study on the development of self-awareness in teenagers. *Procedia-Social and Behavioral Sciences*, 180, 1656-1660. <https://doi.org/10.1016/j.sbspro.2015.05.060>
- Duta, N., Panisoara, G., & Panisoara, I. O. (2015). The Effective Communication in Teaching. Diagnostic study regarding the academic learning motivation to students. *Procedia-Social and Behavioral Sciences*, 186, 1007-1012. <https://doi.org/10.1016/j.sbspro.2015.04.064>
- Pânișoară, G., Sandu, C., Pânișoară, I. O., & Duță, N. (2015). Comparative study regarding communication styles of the students. *Procedia-Social and Behavioral Sciences*, 186, 202-208. <https://doi.org/10.1016/j.sbspro.2015.04.066>
- Intercultural Communication and the Future of Education (2015). *NORD Events București*
- The New Language for The Third Millenium, Logical Games Theory Models for Cooperative Learning Product Evaluation Approach the Teacher – Reflective Practitioner, *GeoGebra* (2015). Vol. 4, No 1, <https://ggijro.wordpress.com/issues/vol-4-no-1/>
- Pânișoară, G.(2015).Simpozionul Național „Umanismul educației mileniului III”, ediția a-VII-a, cu lucrarea „Identificarea factorilor motivaționali în alegerea profesiei la persoane aflate la debutul carierei”, Buzău
- Conferința Internațională (2015).NORD„Intercultural Communication and the Future of Education”, cu lucrarea „Differences regarding self-esteem and the communication style depending on the level of education”, București, noiembrie 2015, publicată în *Cross- Cultural Management Journal*, Vol. XVII, nr.2, pp. 93-98 (Conferință/ Articol)
- Pânișoară, I. O., Duță, N., Pânișoară, G., & Tomoaica, E. (2014). Teacher profile in Romania: defining features and priorities of the training programs in teaching career. *Procedia-Social and Behavioral Sciences*, 140, 396-400. doi:10.1016/j.sbspro.2014.04.441.
- Duță, N., Pânișoară, G., & Pânișoară, I. O. (2014). The profile of the teaching profession–empirical reflections on the development of the competences of university teachers. *Procedia-Social and Behavioral Sciences*, 140, 390-395. doi:10.1016/j.sbspro.2014.04.440.
- Conferința Internațională EduWorld- Education Facing Contemporary World Issues, cu lucrarea (2014), Comparative study on emotions analysis in students of psychology by gender”, publicată în *Procedia, Social and Behavioral Sciences*, mai 2015, vol. 180, pp. 1638-1642, <https://doi.org/10.1016/j.sbspro.2015.02.319>
- Conferința internațional Psyworld 2013, *Procedia Social and Behavioral Sciences Elsevier*, București

- Characteristics of Effective Teacher, co-author, *Procedia – Social and Behavioral Science* (2014), vol. 127, 534 – 538
- Marital status and work-life balance 2013/ 2014 (first author) and Motivation for career in teenagers (first author) / Conferința internațională Psyworld 2012, *Procedia Social and Behavioral Science Elsevier Psyworld*, <http://www.sciencedirect.com/science/article/pii/S1877042813008124>
- Pânișoară, G., & Pânișoară, I. O. (2012). Motivation in a crisis society. Romanian perspective. *Procedia-Social and Behavioral Sciences*, 33, 20-24.
- Iucu, R., Pânișoară, I. O., & Pânișoară, G. (2011). The Professional Mobility of Teachers-new tendencies in the global society. *Procedia-Social and Behavioral Sciences*, 11, 251-255. DOI: 10.1016/j.sbspro.2011.01.071
- Pânișoară, G., & Pânișoară, I. O. (2012). Motivation in a crisis society. Romanian perspective. *Procedia-Social and Behavioral Sciences*, 33, 20-24. <https://doi.org/10.1016/j.sbspro.2012.01.075>
- Iucu, R., Pânișoară, I. O., & Pânișoară, G. (2011). The Professional Mobility of Teachers-new tendencies in the global society. *Procedia-Social and Behavioral Sciences*, 11, 251-255.

Articles (selection)

- Șițoiu, A., & Pânișoară, G. (2023). The emotional intelligence of today's parents–influences on parenting style and parental competence. *Frontiers in Public Health*, 11. <https://doi.org/10.3389/fpubh.2023.1120994>
- Șițoiu, A., & Pânișoară, G. (2023). The Values Adopted by Parents for the Effective Education of Children. *Revista Romaneasca Pentru Educatie Multidimensionala*, 15(3), 432-451. <https://doi.org/10.18662/rrem/15.3/775>
- Pânișoară, G., Berceanu, D. C., Popovici, F., & Sandu, C. (2023). Exploring the relationship between the generation Z consumers' desire to learn and openness to technology. *Journal Plus Education*, 33, 131-154. <https://doi.org/10.24250/jpe/SI/2023/GP/DCB/FP/CMS/>
- Pânișoară G, Predoiu R, Predoiu A and Piotrowski A. (2023). Editorial: Innovation in developmental psychology, education, sports, and arts: advances in research on individuals and groups. *Frontiers in Psychology*, 14:1260109. doi: 10.3389/fpsyg.2023.1260109
- Pânișoară G. (2023). The influence of parental competence and stress on the level of parental self-efficacy in raising and educating children. Francis I. Rainer Institute of Anthropology, Romanian Academy, Bucharest, Romania/The Libera Universita Maria SS. Assunta (LUMSA), Human Sciences Department, Rome, Italy/ Multidisciplinary Research Association for Health, Bucharest, Romania
- Pânișoară G. (2023). Perfectionism and intolerance of uncertainty in the context of parental support. Francis I. Rainer Institute of Anthropology, Romanian Academy, Bucharest, Romania/The Libera Universita Maria SS. Assunta (LUMSA), Human Sciences Department, Rome, Italy/ Multidisciplinary Research Association for Health, Bucharest, Romania
- Pânișoară G. (2023). Effects of parental support on youth and adult self-efficacy- 5th International Conference Individual Family, Society-Contemporary Challenges. Francis I. Rainer Institute of Anthropology, Romanian Academy, Bucharest, Romania/The Libera Universita Maria SS. Assunta (LUMSA), Human Sciences Department, Rome, Italy/ Multidisciplinary Research Association for Health, Bucharest, Romania
- Petrica, E., & Pânișoară, G. (2022). The Relationship between the Level of Self-Esteem, Cooperative Learning and Anxiety in Group Tasks in the Pandemic Context. *Logos Universality Mentality Education Novelty: Social Sciences*, 11(1), 58-67. <https://doi.org/10.18662/lumenss/11.1/62>

- Şiţoiu, A.; Pânişoară, G. (2022). Emotional Regulation in Parental Optimism—The Influence of Parenting Style. *Sustainability*, 14 (8), 4509. <https://doi.org/10.3390/su14084509>
- Şiţoiu A., Pânişoară G. (2022). Emotional Regulation in Parental Optimism. The Influence of Parenting Style. *Sustainability*, 14, 4509. <https://doi.org/10.3390/su14084509>
- Mălureanu, A.; Pânişoară, G.; Lazar, I. (2021). The Relationship between Self-Confidence, Self-Efficacy, Grit, Usefulness, and Ease of Use of eLearning Platforms in Corporate Training during the COVID-19 Pandemic. *Sustainability*, 13, 6633. <https://doi.org/10.3390/su13126633>
- Şiţoiu A., Pânişoară G. (2021). The Relationship Between the Emotional Intelligence of a 21st Century Adult and His or Her Parental Competence, *Educația 21 Journal*, *Educatia 21 Journal*, (20), 25-31. <https://doi.org/10.24193/ed21.2021.20.03>
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Workshops, In plenary Sessions Selective

- Pânișoară G. (2023). Well-being and happiness of children, adolescents, and young people in post- pandemic period. Student's well-being and teaching-learning efficiency during and post-pandemic period-Peter Lang Group AG, Lausanne
- Pânișoară G. (2023). Autosabotarea și autosubminarea. Efecte asupra dezvoltării individuale și strategii ameliorative, Conf internaționala Simpozionul Științific Transfrontalier “Învățarea Școlară în Contextul Provocărilor Societale – Chișinău [2023, Self-sabotage and self-undermining: Effects on individual development and ameliorative strategies, International Conference Transboundary Scientific Symposium 'School Learning In The Context Of Social Challenges' – Chișinău.]
- Pânișoară G. (2023). Depășirea adversității. Autosabotaj, stare de bine și coping-ul părinților în situații dificile, Conferința Autism și neurodiversitate (internțională) [2023, Overcoming Adversity: Self-sabotage, well-being, and parental coping in challenging situations, Autism and Neurodiversity Conference (International)]
- Pânișoară G. (2023). SCA- Journal and Studies Anthropology - 5th International Conference Individual Family, Society-Contemporary Challenges- Key Speaker
- Pânișoară G. (2023). International scientific symposium "School learning in the context of societal challenges" Ion Creangă University Chisinau, "Self-sabotage, motivation & success and failure in learning"
- Pânișoară G., Șitoiu A. (2023). Self-sabotage and resilience in learning and education, plen, keynote speaker, „Theories of Change in Digital Wellbeing. Evidence based practices across the disciplines” Conferință internațională Universitatea Aurel Vlaicu Arad, ed. IV
- Pânișoară G. (2022). Teaching the Next Generation (Generation Z and Alpha) in Digital Society - Global Smart Education Conference (aug. 2022) -Teacher Forum on Technology Empowered Teaching Innovation/ plen/ key note speaker, Beijing
- Pânișoară G., Șitoiu A. (2022). Well-being and happiness of children, adolescents and young people in post-pandemic period, plen, key note speaker, „Theories of Change in Digital Wellbeing. Evidence based practices across the disciplines” Conferință Internațională Universitatea Aurel Vlaicu Arad, ed. III
- Pânișoară G. (2019). The use of digital resources in modern parenting. Virtual Learning – Virtual Reality. Proceedings of the 14th International Conference of Virtual Learning (ICVL). IT&C – Horizon & Digital Europe
- Pânișoară G. (2019). Optimisation of coach-athlete communication, Discobolul. Physical Education, Sport and Kinetotherapy Journal
- Pânișoară G. (2010). Selecția și integrarea eficientă a personalului în organizații [Selection and effective integration of personnel in organizations]. Conferința Psiworld, Universitatea din București
- Pânișoară G. (2010). Motivarea la locul de munca [Motivation at the workplace]. Conferința Psihopol IV, Ministerul de Interne și Administrației (Direcții și perspective psihologice în abordarea unicității umane și sintalității) București
- Pânișoară G. (2009). Recrutarea, selecția și integrarea personalului [Recruitment, selection and integration of personnel]. Conferința Psihopol III, Ministerul de Interne și Administrației (Bipolaritatea performanței: individ – organizație) București
- Pânișoară G. (2008). Socializare și integrare organizațională [Socialization and organizational integration]. Conferința Psihopol II, Ministerul de Interne și Reformei Administrative (Psihologia aplicată în structurile de apărare, ordine publică și siguranță națională, între standardizare și creativitate) București

Member of the scientific committees Selective

- International scientific symposium "School learning in the context of societal challenges" Ion Creangă University Chișinău (June 2023)

- International Conference „Theories of Change in Digital Wellbeing. Evidence based practices across the disciplines”. Universitatea Aurel Vlaicu Arad, ed. III, IV (2022, 2023)
- Keynote speaker: Starea de bine și fericirea în consilierea educațională. Conferința Națională a Psihologilor Școlari [The well-being and happiness in educational counselling. National Conference of School Psychologists], Oradea (2022)
- Keynote speaker: Particularități ale parenting-ului modern și abilitățile necesare unui copil în contemporaneitate. Conferința Asociației Psihologilor Școlari [Characteristics of modern parenting and the skills required for a child in contemporary times." Conference of the School Psychologists Association], Oradea (2019)
- Keynote speaker: Caracteristici psihopedagogice ale învățării în era digitală. Exemple de utilizare a calculatorului în diferite aplicații educaționale [Psychopedagogical characteristics of learning in the digital era. Examples of computer use in different educational applications]. First International Conference on Innovation in Psychology, Education and Didactics, Bacău (2017)
- Section moderator – Work and organizational psychology. International Conference Psychology and the Reality of the Contemporary World, 7th edition (2016)

Other educational products

- Festina Lente board game educational product. The game of ideas, Didactica Publishing House (2019)
- Educational board game product Personality Game, Didactica Publishing House (2018)
- Board game educational product Provocation of emotions, ed I and ed II (2017-2020)
- Educational, personal development product of the type Think positive online application, Google Store (2017)
- Multimedia products for fixed media (DVD), Medals of success 1 (2014)
- Multimedia products for mobile media (tablets, smart mobile phones), Success Medals 1 in Romanian (2013)
- Multimedia products for mobile media (tablets, smartphones), Success Medals 1 in English and Spanish (2013)

Extra informations about professional activity

- Site founder www.academicparenting.ro (since 2020)
- Representative in the Faculty Council and department council, Faculty of Psychology and Educational Sciences, University of Bucharest (since 2019)
- Educational game-boards Emotions, Personality Game, Festina Lente. The game of ideas (2016-2019)
- Paul Ekman certification, MET Training (interpretation of non-verbal behavior and emotions) (2013-2014)
- Consultant for the website www.copilul.ro, the most rated Parenting website (2013-2014)
- Co-founder of the website www.performante.ro (since 2012)
- Hart Assessment certification – organizational diagnostics (since 2011)
- Coordinator of book serie Child Psychology & Parenting, Polirom Publishing House (since 2008)
- Secretary of redaction, responsible for different issues – Review of Organizational Psychology Center of Applied Psychology, Bucharest University & Polirom Publishing House (since 2006)
- Representative of Department of Psychology in The Quality Commission in Faculty of Psychology and Educational Studies, Bucharest University (2006-2008)
- Evaluator of projects, CNCSIS (2007)
- Numerous appearances in the mass media (ProTv, Radio România Actualități) generalist publications in: Gândul, Jurnalul Național, Unica, Psychology, etc.
- Numerous video appearances and articles www.performante.ro