

Table 1*Competences and difficulties encountered in working with at-risk youth*

Established Categories	Identified Aspects
Psychological Competences	<i>emotional intelligence</i> <i>personal intelligence</i> <i>patience</i> <i>firmness</i> <i>joviality</i> <i>non-judgmental mindset</i> <i>generosity</i> <i>observational acumen</i> <i>focus</i> <i>spontaneity</i> <i>creativity</i> <i>flexibility</i> <i>adaptability</i>
Professional Competences	<i>individualized and accessible approach to implementation</i> <i>facilitating the deliberate and active acquisition of knowledge</i> <i>establishing an equitable relationship with participants</i> <i>recognizing the constraints inherent to the role of an applied drama/theater facilitator</i> <i>effective communication capabilities</i> <i>proficiency in group dynamics (compromise and collaboration)</i> <i>sincerity in interactions with participants</i> <i>facilitation skills</i> <i>formulating and pursuing training objectives</i> <i>ability to design a workshop plan</i> <i>knowledge of psycho-pedagogy</i> <i>efficient time management competences</i>
Methodological Difficulties	<i>hybrid workshop: combining young people at risk and adults responsible for them</i> <i>resource-related challenges (balloons)</i> <i>modifying, substituting, or omitting specific exercises based on the needs of the target group</i> <i>flexibility in terms of educational goals based on the target group's unique characteristics</i> <i>features of the intervention format</i>

Established Categories	Identified Aspects
Practical Difficulties	<i>secondary traumatic stress</i> <i>inappropriate online interactions initiated by members of the at-risk group determined by the context of the intervention</i> <i>manifestation of instructor vulnerability</i> <i>intrusion by institution staff members responsible for the at-risk group</i> <i>inadequate workspace determined by the context of the intervention</i> <i>problematic behaviors displayed by specific participants</i> <i>presence of numerous variables</i>
