

Table 1*Items of the semi-structured interview by category and code and Total CVC index by item*

Category	Code	Item	Total CVC
A. Exposure to audiovisual content	A1. Format and modality of exposition	1. What devices do you use to watch audiovisual content?	90
		2. Do you remember at what age and how did you start watching audiovisual content on your own?	83
		3. How has your approach to audiovisual content and the time you dedicate to it changed in recent years?	83
		4. Currently, what kind of audiovisual content do you watch and for what purpose?	90
		5. What is the platform, web page or application that you use the most to watch this content?	83
		6. How much time do you invest in audiovisual content on each website, application, and/or platform you use?	83
		7. Did university change your audiovisual content routine in any way? How?	83
B. Subjective experience of consumption of audiovisual content	B1. Emotions associated with the consumption of audiovisual content	8. What do you find most appealing about the audiovisual content you watch?	83
		9. What emotions generate in you watching this type of content?	83
		10. Do you consider that audiovisual content has had effects on you? What kind and why?	83

Category	Code	Item	Total CVC
	B2. Positive perception of the consumption of audiovisual content	11. In general, what benefits do you think that audiovisual content provides to young people?	83
	B3. Negative perception of the consumption of audiovisual content	12. Do you consider there are negative effects of the audiovisual content? Which ones and why?	83
		13. What strategies do you use to regulate the negative effects?	83
	B4. Socialization	14. What effect, if any, do you think watching audiovisual content has on your family relationship?	90
		15. What effect, if any, do you think watching audiovisual content has on your friendships?	90

Note: the original items are in Spanish, here is an English version.