

Table 1*Occupational hazards in Caregivers in a geriatric institution*

Code	Concurrence	Participant	Testimony
Lack of materials	8 occasions	Participant 5	Well, right now the condition is good; let's suppose there was always more material for healing pressure ulcers. It would be better if we always had that material, right? But we don't always have it, it comes from time to time when people donate.
		Participant 6	It would require the person who is supporting me... I would go to her to be able to ask for what I need and then to keep her up to date with everything she needs too, but there are still times when we limit ourselves to that for lack of financial resources.
		Participant 7	There are many things that we can have because the administrators bring us the resources, but on other occasions they do not. And well, sometimes we manage to comply with what is done, but there are times when materials are needed, and it takes us a long time to solve it. Mmm, well, sometimes medicines or diapers, or things for healing... sorry, it's hard for me to think that we need them.
		Participant 8	Sometimes we must take hygiene materials from other patients to cover the needs of those who do not have them, but for this, we must notify the administration to replace them because we would end up leaving another person with the problem. The administration staff does everything possible so that we are well, as well as when material is needed, they review it, and if they have it, they give it to you immediately, but if not, it takes a while for it to reach us, but it does arrive.
		Participant 9	Materials: sometimes we have too much or, on other occasions, they are very few, and we have to figure it out. Fortunately the administration supports us, but it depends to a large extent on families or donations...
		Participant 11	Well, I'm not going to lie to you; there are times when we are short on materials such as diapers or certain medications. It depends on the families that bring them. We are fortunate that we have donations, but you never know what will come, so at certain times it's a matter of luck...

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Caregiver overload	4 occasions	Participant 2	We have so many things to do that sometimes we can't do everything... well, it's not often, but there are times when I would like more coexistence with the elderly. Occasionally, due to the workload during the process of bathing them and changing them, we get a little stressed sometimes and that makes us want to sit down for a little bit or something, so I feel like I want to be with them a little more, without the pressure that we have to do more things or certain activities.
		Participant 4	We all have moments; we also lose patience.
		Participant 9	I think that the most difficult thing is our attention in those moments, because they get us busy attending to other things and well, they want our attention and well, at times it is not possible because we have to finish with other pending tasks that we have, and as I always tell them, "Let me finish with this and then I'll come to you" because older adults must be patient; they are not the only ones we care for.
		Participant 11	The difficult thing happens when there are not so many nurses here, and, well, you have to do all that I mentioned to you alone, and if it becomes tiring, and, in the end, the elderly realize when things are not well, when there is a lack of personnel or when everything is fine, or when we know what to do or when we don't know, they realize... and it's difficult with that... also when we don't know what's happening to the elderly, that too...
Lack of staff	3 occasions	Participant 8	There are times when we need one more nurse to support us or help us.
		Participant 9	Maybe someone else comes so that it is not such a big workload, and we can dedicate ourselves to making everything calmer and with time, right? Because they are some patients, but sometimes time falls on you, and it is difficult to be able to finish pending things in a single moment.
		Participant 11	I think I could say it with the people who work here: there are times when they are not committed, and they are missing, or they don't hire more people and well, there is a need.
Salary risk	2 occasions	Participant 5	There is no contract here. It's because it's voluntary here; that is, I'm here, I live here, and well, they pay me with a roof and food; I eat here at the time it's necessary; well, I'm here 24 hours a day.
		Participant 9	I also understand that sometimes we are short, but it would also be good to consider our salary a little. I know that here there are things that happen that are missing, and I understand it, but there is also our health.

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Physical risk in caregivers.	2 occasions	Participant 1	Only when an elderly person is sick, when they are frustrated, or when we have to pick them up, is it difficult there, because we have to pick them up so they can eat, or when they are at risk of vomiting, and there are times when you cannot turn them over despite (the fact) that you use all your great will, and then you have to ask for help.
		Participant 6	The activity that is more difficult would be with the non-walking seniors. Picking them up is a bit more difficult because since they can't move, I have to use strategies to carry them without hurting them and without hurting myself, because finally I have to pick them up, move them to the living room, bring them to the dining room, or take them to the bath. That would be most difficult, because moving a person who cannot move on their own to do all their activities is difficult.
Lack of initiative among colleagues	1 occasion	Participant 3	Well, something that caregivers are missing is identifying if they see that an adult is missing something. Just keep an eye on them, right? Have a little more vision of what they can do.