



**ANTHROPOLOGICAL RESEARCHES AND  
STUDIES**  
**Authors Guidelines**

**OVERVIEW**

As a result of its commitment to the aim of promoting the broadest dissemination of scientific information to the largest audience, the ARS Journal opted for an Open Access policy, allowing interested readers to easily and freely access the latest anthropological research findings and also giving the authors the opportunity to raise their visibility by multiplying the standard distribution channels. Not only that the journal is indexed in a multitude of free access bibliographic databases, but the authors themselves are free to post a copy of their final papers on their personal website or institutional repository.

Please read carefully the Authors Guidelines before submitting.

All the best,  
Editorial Team of Anthropological  
Researches and Studies

## Table of Contents

<b>Introduction .....</b>	<b>2</b>
<b>Paper Elements .....</b>	<b>2</b>
Title.....	2
Author name .....	2
Author affiliation .....	2
Contact person .....	2
Abstract and format.....	2
Abbreviations .....	3
Example of author information in multiple authorship articles: .....	3
<b>Editorial recommendations to young authors in medical anthropology .....</b>	<b>4</b>
I. Original Articles .....	4
II. Reviews and updates.....	4
III. Case reports.....	5
<b>Recommended sizes for articles and references .....</b>	<b>5</b>
I. Original Articles .....	5
II. Reviews and updates.....	5
III. Case reports.....	5
IV. Reviews: .....	5
<b>References.....</b>	<b>5</b>
Examples of proper citation to the references at the end of a text: .....	6
<b>Figures, images, tables .....</b>	<b>11</b>
<b>Page settings, format .....</b>	<b>12</b>
<b>Writing style.....</b>	<b>12</b>
Avoiding bias .....	12
<b>Plagiarism.....</b>	<b>13</b>
<b>Submission for publication and publication.....</b>	<b>13</b>
<b>Submission checklist.....</b>	<b>14</b>

## Introduction

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Starting with 2026, the journal has changed the rules for in-text citations and references. The 7<sup>th</sup> edition of the American Psychological Association style (APA 7th) will be used.

[American Psychological Association Style and Grammar Guidelines](#)

[APA Style 7<sup>th</sup> edition](#)

Starting with 2016, *Anthropological Researches and Studies Journal* publishes only articles written in English.

## Paper Elements

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### Title

The title should be eloquent illustrating the content of manuscript, 10-20 words and should not contain abbreviations, also it should be written with CAPITAL LETTERS.

### Author name

Specify the complete list of authors. Each author should be registered with his/her birth or baptismal name, followed by the FAMILY NAME (often referred to as a surname or last name). On First Name (Baptism Name, Given at Birth) and Middle Name Capitalize Each Word and on FAMILY NAME (SURNAME) WRITE IN CAPITAL LETTERS (UPPERCASE).

### Author affiliation

Institutional affiliation (university/college/ hospital) & section (department / discipline) must be provided for each author.

For institutional membership and for other citations use this format of quotation marks "...". For example: "Francisc I. Rainer" Anthropology Institute of the Romanian Academy

If multiple authors share the same institutional affiliation, the institution should be listed only once. Authors sharing this affiliation should be grouped together, with a number in brackets to indicate the shared affiliation. Please see the general framework for the articles where you have an example.

### Contact person

Contact person information (**email and phone**) is mandatory.

### Abstract and format

One row space will be left after each section: the title, all the authors' names, all institutional affiliations, the correspondence address and the abstract.

**The abstract, the article should not include vague or subjective sentences such as "in my paper I will argue that...", or "we/our team selected for this work...". The author is encouraged to use more impersonal phrases such as "this study argues that...", or "were selected for this work...".**

## **Abstract**

All articles should begin with a 250-word abstract in English. Please comply with international norms for abstracts following the model.

**Objectives.** (Main elements of the study stages should be extracted and presented in a more concentrated manner).

**Material and methods.** (Clear and concise).

**Results.** (The relevant ones, expressed numerically and statistically evaluated where possible).

**Conclusions.** (Most important findings, any recommendations).

**Keywords:** Between 3 and 5 keywords, separated by commas and finalized by point, must be provided at the end of abstract for the purpose of indexing. For bio-medical anthropology INDEX Medicus and MEDLINE are recommended for compliance.

Do not use lines and paragraphs in the abstract. One row space will be left before and after the abstract. One row space will be left before and after the keywords.

## **Abbreviations**

Abbreviations are not admitted in the title and are preferable to be avoided in abstracts. Each abbreviation is to be first introduced between brackets next to the phrase subject to abbreviation ARS only admits for standard abbreviations (see APA guide to abbreviations). Recommended measurement units are those of the International System.

## **Example of author information in multiple authorship articles:**

### **DRUG USE AND ALCOHOL ABUSE AMONG INMATES – CAUSES, CONSEQUENCES, PREVENTION**

Andreea - Cătălina FORȚU (1) Cornelia RADA (2) Robert - Andrei LUNGA (3) Maria - Miana DINA (4)

(1) Bucharest Penitentiary – Jilava, Ilfov County, Romania

(2) "Francisc I. Rainer" Institute of Anthropology, Romanian Academy; School of Advanced Studies of the Romanian Academy, "Constantin Rădulescu-Motru" Institute of Philosophy and Psychology, Department of Psychology, Romanian Academy, Bucharest, Romania, e-mail: [corneliarada@yahoo.com](mailto:corneliarada@yahoo.com)

(3) (4) School of Advanced Studies of the Romanian Academy, "Constantin Rădulescu-Motru" Institute of Philosophy and Psychology, Department of Psychology, Romanian Academy, Bucharest, Romania, e-mail: (3) [robertlunga95@gmail.com](mailto:robertlunga95@gmail.com), (4) [grebenar.miana@yahoo.com](mailto:grebenar.miana@yahoo.com)

Address correspondence to: Andreea – Cătălina FORȚU, PhD Student, School of Advanced Studies of the Romanian Academy, "Constantin Rădulescu-Motru" Institute of Philosophy and Psychology, Department of Psychology, Romanian Academy, Bucharest, Romania, 13 September Avenue, No.13, 5th District, Bucharest, 050711, Romania, phone: +40767684144, e-mail: [andreea\\_catallina@yahoo.com](mailto:andreea_catallina@yahoo.com)

**Abstract** (250 words)

**Keywords:** drugs, alcohol abuse, inmates, penitentiary, addiction.

The full article framework is available on site (AUTHORS GUIDELINES section)

## **Editorial recommendations**

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### **I. Original Articles**

Content should be structured in the following sections:

#### **Introduction**

Survey of literature in the field, research goals, findings.

#### **Material and methods**

Accurate verifiable data; techniques and instruments, assessment criteria.

#### **Results**

Submit concise data (including tabular forms or figures). Where appropriate, results may be validated by appropriate statistical processing. For statistical analysis, tests used in data evaluating data are to be explicitly mentioned (Chi-square, t-test, ANOVA, correlation, regression, etc.). When data are presented in tabular form, indicate the statistical test by a footnote for each table separately.

For the presentation of statistical data, APA style will be used - <https://about.illinoisstate.edu/jhkahn/apastats/>

#### **Discussions**

Results interpretation, connecting findings to work on similar subjects in mainstream publications.

#### **Conclusions**

Emphasis on contribution to knowledge in the area involved.

#### **Acknowledgements**

(If appropriated) name institutions, organizations or individuals having favorably influenced completion of research project.

#### **References**

### **II. Reviews and updates**

ARS publishes reviews and state of the art updates on topics of interest.

Abstracts and text of such contributions shall be structured following the same indications as specified above with respect to the original articles.

### **III. Case reports**

Content and structure of case reports ought to include the following sections:

**Abstract**

**Introduction**

**Methodology**

**Case presentation**

**Discussion, conclusion**

**References**

## **Recommended sizes for articles and references (approximately)**

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### **I. Original Articles**

Article size including abstract, text, tables, figures as well as 20 to 40 bibliographic references: 5000-8000 words.

### **II. Reviews and updates**

Update article size including abstract, text, tables, figures and 30 to 50 bibliographic references: 8000-10000 words.

### **III. Case reports**

Case reports size including abstract, text, tables, figures and 15 to 30 bibliographic references: 3000-5000 words.

**IV. Reviews:** 500-600 words.

## **References**

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For references, authors should use the American Psychological Association (APA) style, 7th edition (<https://apastyle.apa.org/style-grammar-guidelines>)

<https://www.isu.edu/media/libraries/student-success/tutoring/handouts-writing/using-sources/APA7-Style.pdf>

or use this attached guide.

It is imperative that all sources listed in the final references be cited in the text – and vice versa.

**References should be placed in alphabetical order, numbered and aligned as follows:**

**Examples of proper citation to the references at the end of a text:**

1. Evans, A. C., Jr., Garbarino, J., Bocanegra, E., Kinscherff, R. T., & Márquez-Greene, N. (2019, August 8–11). *Gun violence: An event on the power of community* [Conference presentation]. APA 2019 Convention, Chicago, IL, United States. <https://convention.apa.org/2019-video>
2. Grady, J. S., Her, M., Moreno, G., Perez, C., & Yelinek, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. *Psychology of Popular Media Culture*, 8(3), 207–217. <https://doi.org/10.1037/ppm0000185>
3. Hales, M. (2012). Community health nursing. In A. Berman, S. Snyder, T. Levett-Jones, T. Dwyer, M. Hales, N. Harvey, Y. Luxford, L. Moxham, T. Park, B. Parker, K. Reid-Searl & D. Stanley (Eds.), *Kozier and Erb's fundamentals of nursing* (2nd Australian ed., Vol. 1, pp. 127–141). Pearson.
4. Hubbard, J., Thomas, C., & Varnham, S. (2010). *Principles of law for New Zealand business students* (4th ed.). Pearson.
5. Jackson, L. M. (2019). *The psychology of prejudice: From attitudes to social action* (2nd ed.). American Psychological Association. <https://doi.org/10.1037/0000168-000>
6. Kesharwani, P. (Ed.). (2020). *Nanotechnology based approaches for tuberculosis treatment*. Academic Press.
7. Ministère de la santé et de l'hygiène publique (MSHP) [Ministry of Health and Public Hygiene]. (2016). *Plan national de développement sanitaire 2016-2020* [National Health Development Plan 2016-2020]. Draft consolidé. Retrieved March 20, 2024, from [https://www.childrenandaids.org/sites/default/files/2017-11/pnds\\_2016-2020.pdf](https://www.childrenandaids.org/sites/default/files/2017-11/pnds_2016-2020.pdf)
8. Moran, A., & Toner, J. (2017). *A critical introduction to sport psychology* (3<sup>rd</sup> ed.). Routledge.
9. National Cancer Institute. (2019). *Taking time: Support for people with cancer* (NIH Publication No. 18-2059). U.S. Department of Health and Human Services, National Institutes of Health. Retrieved January 10, 2025, from <https://www.cancer.gov/publications/patient-education/takingtime.pdf>
10. World Health Organization. (2019). 2A85.5 Mantle cell lymphoma. In *International statistical classification of diseases and related health problems* (11th ed.). Retrieved November 10, 2024, from <https://icd.who.int/browse11/l-m/en#/http://id.who.int/icd/entity/1804127841>
11. Zambrano-Vazquez, L. (2016). *The interaction of state and trait worry on response monitoring in those with worry and obsessive-compulsive symptoms* [Doctoral dissertation, University of Arizona]. UA Campus Repository. <https://repository.arizona.edu/handle/10150/620615>

**Attention! Journal or serial article with 21 or more authors must be cited as below:**

Nath, A. P., Ritchie, S. C., Grinberg, N. F., Tang, H. H., Huang, Q. Q., Teo, S. M., Ahola-Olli, A. V., Wurtz, P., Havulinna, A. S., Santalahti, K., Pitkanen, N., Lehtimäki, T., Kahonen, M., Lyytikäinen, L. P., Raitoharju, E., Seppala, I., Sarin, A. P., Ripatti, S., Palotie, A., . . . Inouye, M. (2019). Multivariate genome-wide association analysis of a cytokine network reveals variants with widespread immune, haematological, and cardiometabolic pleiotropy. *American Journal of Human Genetics*, 105(6), 1076–1090. <https://doi.org/10.1016/j.ajhg.2019.10.001>

**Attention!**

**If the author is an institution/organization, please provide the URL of the page where you found the material/also provide the date you accessed it; e.g. Retrieved November 10, 2024 from <https://icd.who.int/browse11/l-m/en#/http://id.who.int/icd/entity/1804127841>**

**If a document has three or more authors, simply provide the last name of the first author with "et al." from the first citation to the last.**

Hubbard et al. (2010) states...  
... of law (Hubbard et al., 2010).

### Articles URL

If available, please **ALWAYS** include DOIs **as full DOI link (NOT ONLY DOI)** in your reference list (e. g. <https://doi.org/10.1037/ppm0000185>). Please note that every URL starts with "http" or "https".

### Retrieval dates

For references across webpages please always include full link and specify the retrieval date as below:

World Health Organization. (2018). Global status report on alcohol and health 2018. Retrieved March 20, 2024 from <https://www.who.int/publications/i/item/9789241565639>

### Non-English references

When citing references in a language other than English retain the title and reference information in the original language and include a translation of the title in square brackets as below:

Faure, G. (2011). *Vécu d'une hémorragie grave de la délivrance: Impact sur le désir ultérieur de grossesse* [Experience with severe postpartum haemorrhage: Impact on the subsequent desire for pregnancy]. *Gynécologie et obstétrique* (Mémoire de Diplôme d'État de Sage-Femme, Université Paris Descartes). Retrieved September 21, 2020, from <https://dumas.ccsd.cnrs.fr/dumas-00620100>

### Order of references

List each source alphabetically by the last name of its first author. If there is no author, alphabetize the source by the first word of its title (excluding *a*, *an*, *the*)

Reference list	In-text citation
<b>Journals</b>	
<b>Journal article with a DOI with two authors</b>	
Sillick, T. J., & Schutte, N. S. (2006). Emotional intelligence and self-esteem mediate between perceived early parental love and adult happiness. <i>E-Journal of Applied Psychology</i> , 2(2), 38-48. <a href="http://dx.doi.org/10.3390/ijerph182010800">http://dx.doi.org/10.3390/ijerph182010800</a>	<b>Parenthetical citation:</b> (Sillick & Schutte, 2006)



	<b>Narrative citation:</b> Sillick and Schutte (2006)
<b>Journal article with a DOI with three or more authors</b>	
Grady, J. S., Her, M., Moreno, G., Perez, C., & Yelinek, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. <i>Psychology of Popular Media Culture</i> , 8(3), 207–217. <a href="https://doi.org/10.1037/ppm0000185">https://doi.org/10.1037/ppm0000185</a>	<b>Parenthetical citation:</b> (Grady et al., 2019)  <b>Narrative citation:</b> Grady et al. (2019)
<b>Journal article without a DOI</b>	
Carlisle, D. (2012). In the line of fire. <i>Nursing Standard</i> , 26(39), 18-19.	<b>Parenthetical citation:</b> (Carlisle, 2012) <b>Narrative citation:</b> Carlisle (2012)
<b>Journal article with a DOI, 21 or more authors</b>	
Nath, A. P., Ritchie, S. C., Grinberg, N. F., Tang, H. H., Huang, Q. Q., Teo, S. M., Ahola-Olli, A. V., Wurtz, P., Havulinna, A. S., Santalahti, K., Pitkanen, N., Lehtimaki, T., Kahonen, M., Lyytikainen, L. P., Raitoharju, E., Seppala, I., Sarin, A. P., Ripatti, S., Palotie, A., . . . Inouye, M. (2019). Multivariate genome-wide association analysis of a cytokine network reveals variants with widespread immune, haematological, and cardiometabolic pleiotropy. <i>American Journal of Human Genetics</i> , 105(6), 1076-1090. <a href="https://doi.org/10.1016/j.ajhg.2019.10.001">https://doi.org/10.1016/j.ajhg.2019.10.001</a>	<b>Parenthetical citation:</b> (Nath et al., 2019)  <b>Narrative citation:</b> Nath et al. (2019)
<b>Journal article with an article number or eLocator</b>	
Jerrentrup, A., Mueller, T., Glowalla, U., Herder, M., Henrichs, N., Neubauer, A., & Schaefer, J. R. (2018). Teaching medicine with the help of “Dr. House.” <i>PLoS ONE</i> , 13(3), Article e0193972. <a href="https://doi.org/10.1371/journal.pone.0193972">https://doi.org/10.1371/journal.pone.0193972</a>	<b>Parenthetical citation:</b> (Jerrentrup et al., 2018)  <b>Narrative citation:</b> Jerrentrup et al. (2018)
<b>Books</b>	
<b>Authored book with a DOI</b>	
Jackson, L. M. (2019). <i>The psychology of prejudice: From attitudes to social action</i> (2nd ed.). American Psychological Association. <a href="https://doi.org/10.1037/0000168-000">https://doi.org/10.1037/0000168-000</a>	<b>Parenthetical citations:</b> (Jackson, 2019)  <b>Narrative citations:</b> Jackson (2019)
<b>Authored book without a DOI, print version</b>	
Sapolsky, R. M. (2017). <i>Behave: The biology of humans at our best and worst</i> . Penguin Books.	<b>Parenthetical citations:</b> (Sapolsky, 2017)  <b>Narrative citations:</b> Sapolsky (2017)
<b>Book in another language</b>	

Zlate, M. (1997). <i>Eul și personalitatea</i> [Ego and personality]. Trei Publishing House.	<b>Parenthetical citations:</b> (Zlate, 1997)
	<b>Narrative citations:</b> Zlate (1997)
<b>Edited book with a DOI</b>	
Torino, G. C., Rivera, D. P., Capodilupo, C. M., Nadal, K. L., & Sue, D. W. (Eds.). (2019). <i>Microaggression theory: Influence and implications</i> . John Wiley & Sons. <a href="https://doi.org/10.1002/9781119466642">https://doi.org/10.1002/9781119466642</a>	<b>Parenthetical citations:</b> (Torino et al., 2019)
	<b>Narrative citations:</b> Torino et al. (2019)
<b>Diagnostic manual</b>	
American Psychiatric Association. (2013). Anxiety disorders. In <i>Diagnostic and statistical manual of mental disorders</i> (5th ed.). <a href="https://doi.org/10.1176/appi.books.9780890425596.dsm05">https://doi.org/10.1176/appi.books.9780890425596.dsm05</a>	<b>Parenthetical citation:</b> (American Psychiatric Association, 2013)
	<b>Narrative citation:</b> American Psychiatric Association (2013)
<b>Chapter in edited book with a DOI</b>	
Aron, L., Botella, M., & Lubart, T. (2019). Culinary arts: Talent and their development. In R. F. Subotnik, P. Olszewski-Kubilius, & F. C. Worrell (Eds.), <i>The psychology of high performance: Developing human potential into domain-specific talent</i> (pp. 345–359). American Psychological Association. <a href="https://doi.org/10.1037/0000120-016">https://doi.org/10.1037/0000120-016</a>	<b>Parenthetical citations:</b> (Aron et al., 2019)
	<b>Narrative citations:</b> Aron et al. (2019)
<b>Chapter in a volume of multivolume work</b>	
Hales, M. (2012). Community health nursing. In A. Berman, S. Snyder, T. Levett-Jones, T. Dwyer, M. Hales, N. Harvey, Y. Luxford, L. Moxham, T. Park, B. Parker, K. Reid-Searl & D. Stanley (Eds.), <i>Kozier and Erb's fundamentals of nursing</i> (2nd Australian ed., Vol. 1, pp. 127-141). Pearson.	<b>Parenthetical citations:</b> (Hales et al., 2012)
	<b>Narrative citations:</b> Hales et al. (2012)
<b>Other written resources</b>	
<b>Report by a government agency or other organization</b>	
National Cancer Institute. (2019). <i>Taking time: Support for people with cancer</i> (NIH Publication No. 18-2059). U.S. Department of Health and Human Services, National Institutes of Health. <a href="https://www.cancer.gov/publications/patient-education/takingtime.pdf">https://www.cancer.gov/publications/patient-education/takingtime.pdf</a>	<b>Parenthetical citation:</b> (National Cancer Institute, 2019)
	<b>Narrative citation:</b> National Cancer Institute (2019)
<b>Annual report</b>	
Telstra. (2022). <i>Telstra annual report 2022</i> . <a href="https://www.telstra.com.au/content/dam/tcom/about-us/investors/pdf-g/TEL-AR-2022-Spreads-FINAL.pdf">https://www.telstra.com.au/content/dam/tcom/about-us/investors/pdf-g/TEL-AR-2022-Spreads-FINAL.pdf</a>	<b>Parenthetical citation:</b> (Telastra, 2022)
	<b>Narrative citation:</b> Telastra (2022)

<b>Dissertation or thesis from a database</b>	
Kabir, J. M. (2016). <i>Factors influencing customer satisfaction at a fast food hamburger chain: The relationship between customer satisfaction and customer loyalty</i> (Publication No. 10169573) [Doctoral dissertation, Wilmington University]. ProQuest Dissertations & Theses Global.	<b>Paraphrasing citation:</b> (Kabir, 2016) <b>Narrative citation:</b> Kabir (2016)
<b>Dissertation or thesis published online</b>	
Miranda, C. (2019). <i>Exploring the lived experiences of foster youth who obtained graduate level degrees: Self-efficacy, resilience, and the impact on identity development</i> (Publication No. 27542827) [Doctoral dissertation, Pepperdine University]. PQDT Open. <a href="https://pqdtopen.proquest.com/doc/2309521814.html?FMT=AI">https://pqdtopen.proquest.com/doc/2309521814.html?FMT=AI</a>	<b>Paraphrasing citation:</b> (Miranda, 2019) <b>Narrative citation:</b> Miranda (2019)
<b>Manual for a test, scale or inventory</b>	
Tellegen, A., & Ben-Porath, Y. S. (2011). <i>Minnesota Multiphasic Personality Inventory–2 Restructured Form (MMPI-2-RF): Technical manual</i> . Pearson.	<b>Paraphrasing citation:</b> (Tellegen & Ben-Porath, 2011) <b>Narrative citation:</b> Tellegen and Ben-Porath (2011)
<b>Webpage</b>	
Ahmadi, S. (2018). <i>Lesson plan: Filter bubbles</i> . Digital Writing & Research Lab. Retrieved September 30, 2020, from <a href="https://www.dwrl.utexas.edu/2018/01/02/lesson-plan-filter-bubbles/">https://www.dwrl.utexas.edu/2018/01/02/lesson-plan-filter-bubbles/</a>	<b>Paraphrasing citation:</b> (Ahmadi, 2018) <b>Narrative citation:</b> Ahmadi (2018)
<b>Magazine article</b>	
Kuttner, R. (2003, September 8). The great American pension-fund robbery. <i>Business Week</i> , 24-26. <a href="http://www.businessweek.com/">http://www.businessweek.com/</a>	<b>Paraphrasing citation:</b> (Kuttner, 2003) <b>Narrative citation:</b> Kuttner (2003)
<b>Newspaper article</b>	
Severson, K. & Martin, A. (2009, March 3). It's organic, but does that mean it's safer? <i>The New York Times</i> . <a href="http://www.nytimes.com">http://www.nytimes.com</a>	<b>Paraphrasing citation:</b> (Severson & Martin, 2009) <b>Narrative citation:</b> Severson and Martin (2009)
<b>Software</b>	
Corporation for Digital Scholarship. (2024). <i>Zotero</i> (Version 7.0) [Computer software]. <a href="https://www.zotero.org">https://www.zotero.org</a>	(Corporation for Digital Scholarship, 2024)

### Direct Quotation with page number

When quoting directly, always provide the author, year, and page number of the quotation (in both parenthetical and narrative in-text citations).

Follow these guidelines when providing a page number:

- For a single page, use the abbreviation "p. " (e.g., p. 25, p. S41, p. e221).
- For multiple pages, use the abbreviation "pp. " and separate the page range with an en dash (e.g., pp. 34–36).
- If pages are discontinuous, use a comma between the page numbers (e.g., pp. 67, 72).

## Figures, images, tables

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**Please note that maximum 8 tables and 8 figures/tables are admitted.**

Figures, illustrations and tables will be included in the article (document). The article cites figures, images, tables numbered with Arabic numerals. Figures, illustrations will be submitted in JPG format (minimum 300 dpi).

Example:

### **Table 1**

*Differences in Cultural Carriers to Screening between the Asian and the Caucasian Women*

You can see about the tables here:

<https://apastyle.apa.org/style-grammar-guidelines/tables-figures/tables>

<https://apastyle.apa.org/style-grammar-guidelines/tables-figures/sample-tables>

*More information is available on pages 195–249 of Chapter 7 of the Publication Manual of the American Psychological Association, seventh edition.*

### **Figure 1**

*Age specific sex variation in FFM (kg)*

You can see about the figures here:

<https://apastyle.apa.org/style-grammar-guidelines/tables-figures/figures>

<https://apastyle.apa.org/style-grammar-guidelines/tables-figures/sample-figures>

*The principles of figure construction are described on pp. 225 of the seventh edition of the Publication Manual of the American Psychological Association.*

## Page settings, format

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Articles will be sent in Microsoft Word 2000 or later, Times New Roman font size 12. Use the single-line spacing. Do not use the free row between the paragraphs of the text. Only before and after each chapter, subchapters a row will be left free.

Margins: 3 cm above and left, 1.5 cm below and right. Title, title tables, aligned left, bold, lowercase.

Introduction, Materials and methods (Methodology), Results/Case presentation, Discussions, Conclusions, Acknowledgements, References, aligned left, bold, lowercase. Before and after each leave a blank line and then begin the text, write figure, table, etc.

The text following chapters, subchapters will start at a distance of 1.5 cm. The first line of each paragraph should be indented (set in from the left margin) by 1.5 centimetres.

Pages should be numbered at the right bottom corner.

Footnotes will not be used.

## Writing style

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**ARS publishes articles written in English.** ARS recommends spelling rules set forth in *International Webster's Dictionary*.

The author(s) should use a decent academic language. Presentation of facts and opinions should be kept to **an impersonal speech**. The editors will not accept unsupported criticism or defamation against other texts or authors. A derogatory is strongly discouraged.

**Authors are fully responsible for the quality of the English language, editing of the text, citations, and references. We recommend the appeal to a professional translation service, for example Editage, a division of Cactus Communications, <https://www.editage.com/services/english-editing>, or American Manuscript Editors, [www.americanmanuscripteditors.com](http://www.americanmanuscripteditors.com)**

Please note that the use of a language editing service is neither a requirement for publication in *Anthropological Researches and Studies*, nor does it imply or guarantee that the article will be selected for peer review or accepted.

### *Avoiding bias*

Please note the Publication Manual of the American Psychological Association, 7<sup>th</sup> edition offers guidelines for Bias-Free Language and emphasizes use of bias-free language to promote inclusivity, fairness, and precision in academic writing. Also, writers are encouraged to review their work for bias, just as they check for spelling, grammar, and wordiness.

The main strategies to avoid bias are to use appropriate levels of specificity, be sensitive to labels, and reduce bias across topics such as age, disability, gender, racial and ethnic identity, sexual orientation, and socioeconomic status.

*The strategies are described on pages 132–149 of Chapter 5 of the Publication Manual of the American Psychological Association, seventh edition and most of them can be consulted in the [American Psychological Association Style and Grammar Guidelines](#).*

## Plagiarism

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The articles submitted for publication will be checked for any violation of the copyright law and editors could consider taking corrective actions against it, varying from asking the authors to re-write overlapping sections to the rejection of the manuscript. Text recycling is an acceptable practice only in a few situations – for example, in the methods section of the work, where there are limited ways to describe the used method(s). Sufficient new material has to be provided in the article to justify its publication and the original publication must be referenced in the subsequent publication. Since detection of previous dissemination of the material is not always possible, authors are fully responsible for the originality of content submitted for publication.

Any original material submitted to *Anthropological Researches and Studies* journal for publication must be accompanied by a filled and signed **Copyright Form** ([Copyright Form Download PDF](#)). Manuscripts that fail to meet this requirement will not be taken into consideration.

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## Submission for publication and publication

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Manuscripts submitted for publication are to be complete and correct. Authors are responsible for re-checking manuscripts every time they are returned for further editing. Interest of the topic, quality of approach, novelty of approach, date of receipt may influence publishing priority in ARS.

Articles previously published in other journals or in another language are not accepted for publication in ARS.

Failure to comply with editorial recommendations may result in delays in publication or rejection.

*Provide the contact details (including email addresses) of four potential peer reviewers for your manuscript. At least one of potential peer reviewers must be from another country than the first author of the paper. The reviewers should be experts in their field, able to provide an objective assessment of the manuscript. The suggested peer reviewers should not have published with any of the authors of the manuscript within the past two years. They should not be current collaborators or members of the same research institution. The suggested reviewers will be considered alongside potential reviewers recommended by the Editorial team.*

	First Name (Baptism Name, Given at Birth) Capitalize Each Word	LAST NAME (FAMILY NAME, SURNAME). WRITE IN CAPITAL LETTERS	Affiliation, workplace, postal address	Email
1				
2				
3				
4				

The manuscripts will be sent by system **ONLY to one** of these addresses:

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## Submission checklist

1	Manuscript is in English (International Webster's Dictionary spelling).
2	Title is 10-20 words, in CAPITAL LETTERS, with no abbreviations.
3	Author names: First and Middle Name Capitalized, FAMILY NAME in CAPITAL LETTERS.
4	Affiliations are grouped by shared institutions with bracketed numbers. Contact information (email and phone) for corresponding author is included.
5	Abstract (250 words) includes Objectives, Methods, Results, and Conclusions.
6	Keywords (3-5) are provided, separated by commas, ending with a period. Abstract avoids subjective phrases and unnecessary abbreviations.
7	Results include statistical validation (tests specified, APA style for tables/figures).
8	Conclusion highlights key contributions to the field.
9	APA 7th Edition format is used for references. References are alphabetized and complete. Uses bias-free language (APA 7th guidelines).
10	<b>Non-English references include original titles with English translations in brackets</b> (e.g. Asociația Voci pentru Democrație și Justiție [Voices for Democracy and Justice Association]. (2020). Statistica Europeană Privind Deținuții [European Prison Statistics].
11	<b>Journal homepage URL is provided where available, as full DOI link (NOT ONLY DOI)</b> (e. g. <a href="https://doi.org/10.1186/s12889-024-18247-w">https://doi.org/10.1186/s12889-024-18247-w</a> ). Every URL starts with "http" or "https".

12	<b>For references across webpages full link and the retrieval date. (e.g. Retrieved November 10, 2024, from <a href="https://legislatie.just.ro/Public/DetaliiDocument/224438">https://legislatie.just.ro/Public/DetaliiDocument/224438</a>)</b>
13	Maximum of 8 tables/figures, cited in text, formatted per APA guidelines. Figures/images are in JPG format (300 dpi minimum).
14	Single-line spacing, Times New Roman (12 pt), 3 cm top/left margins, 1.5 cm bottom/right.
15	Pages numbered at the bottom-right. Paragraphs indented by 1.5 cm, <b>no extra spacing between paragraphs.</b>
16	Free of plagiarism and accompanied by a signed Copyright Form.
17	There are three documents that must be submitted: the article, copyright form and the peer-review table.