

Table 1

Comparison of adherence to MD score in pregnant women (MDS-P) according to their characteristics

Characteristics		N	%	MDS-P		P
				M	SD	
Age	<35 yrs	315	78.6	5.04	1.4	0.603
	≥35 yrs	86	21.4	4.95	1.3	
Origin	Rural	209	52.1	4.91	1.4	0.088
	Urban	192	47.9	5.15	1.3	
Education level	<7yrs	304	75.8	4.99	1.3	0.409
	≥7yrs	97	24.2	5.12	1.5	
SES (income in MAD/month)	Low (<3000)	191	47.6	4.88	1.3	0.020
	Medium (3000-5000)	196	48.9	5.08	1.4	
	High (>5000)	14	3.5	6.21	1.1	
Pre-conception BMI	<18.5	15	3.7	4.67	1.2	0.632
	[18.5-25[227	56.6	5.01	1.3	
	[25-30[128	31.9	5.11	1.4	
	≥30	31	7.7	4.90	1.6	

MDS-P: MD compliance score in pregnant women; Continuous variables presented as mean ± SD, qualitative variables in frequency and in percentage, Student's t test. The significance level at $P < 0.05$.