

Table 3.*Descriptive Statistics, Means, and Standard Deviations of Nutritional Status and PLHIV**

PLHIV	Mean	SD
<i>Total Nutritional status</i>	- 98.9	- 18.41
- Use of Supplements	- 100.00	- 20.03
- Use of Vitamins (A; B complex; D; E)	- 97.8	- 16.803
<i>Total Professional and Socioeconomic status including income.</i>	- 77.89	- 13.06
- Weak	- 78.9	- 10.03
- Middle	- 93.9	- 8.65
- High	- 60.876	- 20.5
<i>Total Self-perception and interpersonal relations</i>	- 88.43	- 10.21
- Self-esteem	- 101.02	- 14.98
- Self-realization	- 108.78	- 15.09
- Emotional self-awareness	- 97.961	- 15.00
- Empathy	- 104.05	- 14.78
- Social Responsibility	- 100.00	- 15.09
<i>Total adherence to therapy ART</i>	- 98.85	- 15.5
- Use of medications	- 98.7	- 15.00
- Progression of therapy	- 99.00	- 16.03
<i>Stress management and mental health.</i>	- 100.71	- 13.48
- Flexibility	- 100.01	- 14.01
- Tolerance to stress	- 99.00	- 13.89
- Feelings of loss and hopeless	- 100.002	- 14.08
- Feelings of guilt and shame	- 105.4	- 12.78
- Optimism	- 100.00	- 10.54

Source: Authors elaboration on own data *(N=264).